



AUSTRALASIAN COLLEGE OF SPORT AND EXERCISE PHYSICIANS

EXTERNAL PARTICIPANTS ATTENDING ACSEP COLLEGE TUTORIALS

The Weekly ACSEP Tutorial Sessions are a major part of the ACSEP Training Program. These sessions provide valuable teaching to our Registrars, enable Registrars to practice their own presentation skills and provide practice environments for the Fellowship Examination.

They also provide a platform for our ACSEP Fellows, and other medical specialists, to share their knowledge with our Registrars. Creating a Tutorial session is very labour intensive for our Presenters – many spend days preparing and then half a day to present. All provided pro-bono.

In the past, ACSEP has allowed non-Registrars to attend Tutorial sessions. These Externals have been students, doctors or Fellows from other disciplines seeking to find out more about Sport and Exercise Medicine or looking to find out more about the ACSEP Training Program. This has fostered passion amongst these Externals, as well as connections with our Registrars and Fellows.

ACSEP still wishes to encourage Externals to seek out connections with the College and to participate in our Weekly Tutorial sessions. However, due to the significant increase in interest in the College, and the increase in our Registrar numbers on our Training Program, the College has had to set some guidelines around Externals participating in the Colleges Weekly Tutorial Program.

Guidelines for an External Participant wanting to join a Tutorial Session:

- Externals wishing to attend an ACSEP Tutorial session are to contact the relevant state based [ACSEP Tutorial Leader](#), who can be contacted via the list provided at the bottom of the College's contact page. Attendance to Tutorial sessions made via Fellows directly are not allowed.
- The External participant must be a member of the College – [Student](#) or [Associate](#) Membership is available and grants access to a wide range of benefits, such as access to the ACSEP Learning Management System and to 30 free Sport and Exercise Medicine specific [eLearning courses](#).
- The External participant may attend a maximum of 2 Tutorial Sessions a year within each Tutorial Zone – this includes attending in person or remote dialling in.
- Not all Tutorial Sessions are suitable for Externals to attend. It is the Tutorial Leader's responsibility to assess the suitability of the request and to seek approval from the Presenter for the External participant to attend the session. The Tutorial Leader will advise the External the outcome of their request and will either provide the Tutorial session details, other more suitable Tutorial sessions, or other contact opportunities.
- The External participant must show respect and professionalism while attending the Tutorial session, such as advising the Tutorial Leader if they are no longer able to attend and respecting the presenting environment, which can often be the Presenter's own clinic or place of work.

If the External member would like to make and maintain other contacts with the College, they may wish to consider the following:

- **Find out more about ACSEP and the ACSEP Training Program:** Be sure to brose through our College [website](#), [Facebook](#), [Twitter](#) and [Instagram](#) accounts. Take a good look at the [Selection Process](#) for getting on to the Training Program.
- **Browse our Training Practices:** Browse through our list of [ACSEP's Training Practices](#) to see where our Training Practices are located and which Fellows and Registrars are located at each Practice. Be sure to seek outside your local area, as often trainees joining the Training Program will have to relocate.
- **Call an ACSEP Fellow for a chat or catch up for a coffee:** Our Fellows love their profession and are often willing to chat about SEM and the Training Program. Once you have built a report with them, see if you are able to sit-in a few clinic sessions with them or meet them in the field when they cover a sporting team or event.
- **Come along to the ACSEP Registrar and Scientific Conference:** Held in February every year, the [ACSEP Conference](#) is a fantastic way for those interested in SEM and the Training Program to be immersed in our Community and to find out more about the Training Program. It's also a great way to network with Registrars and ACSEP Fellows. Be sure to come along to the yearly "[Meet and Greet](#)" session which is a dedicated session for networking with members on the Training Program!
- **Attend the ACSEP Management of Sports Trauma (MOST) Course:** The [ACSEP MOST course](#) provides expert knowledge on how to manage and treat emergency trauma incidents that occur on the field. Delivered by ACSEP Fellows, Paramedics, and ED Physicians, this hands-on course is ideal for medical students, physios and Fellows/Registrars from other Colleges. The MOST course is held at the end of the ACSEP Conference and throughout the year.
- **Attend one of the ACSEP Ultrasound Courses:** ACSEP's Beginner and Advanced [Ultrasound courses](#) provide hands-on experience of conducting a wide range of ultrasound techniques. The courses are held at the end of the ACSEP Conference.
- **Attend one ACSEP's social activities:** ACSEP runs many activities throughout the year, such as the [Dr Dash](#) fun run and SEM Symposiums. We also attend Medical/University expos across Australia and New Zealand, so be sure to seek us out at these.
- **Call National Office for a chat:** Our team and ACSEP National Office are always happy to chat! If you have a question about the program, be sure to give us a ring (+61 3 9654 7672) or send us an email (NationalOffice@acsep.org.au) to find out more!
- **Sit the Entrance Exam:** Once you are ready to join the Training Program and you have completed your [Foundation Training](#), your first step is to apply to sit the [Entrance Exam](#). This Exam is held every year in March and July and is an electronic multiple choice exam.