



Sports Medicine Institute (SMI)

Registrar Training Post

WHO WE ARE AND WHAT WE STAND FOR

Sports Medicine Institute (SMI) is a well-established, multi-disciplinary, state of the art practice with an outstanding reputation for providing the highest level of specialist care for our patients.

SMI practitioners are held in the highest esteem in their respective fields, this combined with our professional, friendly, and inclusive culture provides an exceptional opportunity for prospective specialists, clinicians, and registrars.

At SMI we are strong advocates of the philosophy “exercise is medicine” and we utilise our highly unique multi-disciplinary sports medicine clinic combined with a full-scaled gymnasium to provide the community with a complete and comprehensive medical, fitness and rehabilitation facility.

SMI is an Australasian College of Sport and Exercise Physicians (ACSEP) accredited training practice and has a very proud history as a clinical training facility for junior and advanced registrars. We are one of the pioneer clinics of the Specialist Training Program (STP) and have a reputation for delivering the highest level of training and education.

REGISTRAR BENEFITS

As a registrar you are required to complete many competencies throughout your training program, we believe our training program goes beyond competency and sets the registrar up to become an outstanding clinician.

Work with Experienced Clinical Training Supervisors and Instructors

Elevated level of training with experienced supervisors and instructors gives the registrar high level exposure to sports and exercise medicine related disciplines:

- Clinical Training Supervisor (CTS) Dr George Pitsis brings his experience of over 20 years’ in sports medicine, as well as more recent appointments as a Zone Training Coordinator (ZTC) and a Clinical Examiner to deliver insightful teaching, supervision and development.
- Unique exposure to paediatrics and rheumatology through Clinical Training Instructor (CTI) Dr Damien McKay who has many years’ experience as a paediatric rheumatologist and in sports medicine.
- Other CTI’s include four orthopaedic surgeons (hip and knee, shoulder and elbow, wrist and hand, and foot and ankle), pain physicians, and rehabilitation consultants.
- Surgical Assisting opportunities with our network of orthopaedic surgeons.



Sports Coverage

We actively assist in providing sports cover experience for our registrars in a variety of sports locally, intra and interstate, and if appropriate internationally, contributing to compliance in workplace-based assessments (WBAs)

- Long-standing partnerships with national level sporting teams which the registrar is provided direct access to.
- Medical services to elite athletes participating in national and international competitions.
- Associations with local sporting community and health groups.
- Registrar is provided with a large scope of injury management and medical cases across a broad demographic.

Research Opportunities

Unique Research opportunities through Dr Damien McKay and his close association with Children's Hospital Institute of Sports Medicine (CHISM).

Extensive Tutorial Sessions

The quality of the training program is reflective of the attributes and experience of the clinical training supervisors, instructors, specialist, and allied health services at SMI.

- Extensive and comprehensive weekly tutorials with Dr George Pitsis and Dr Damien McKay.
- Education and training provided across the entire multi-disciplinary spectrum that is sports and exercise medicine.
- The "how" is displayed in comprehensive practical tutorials that provides the registrar with greater tacit knowledge and an understanding of the key learning concepts and the "why".

High level Support

Your training program is closely supervised to provide you with the best possible pathway and guidance.

- Weekly review of progress and follow up to ensure that deliverables and competencies are completed towards your journey in preparation to sit the fellowship exams.
- We have a very good understanding of work/life balance and the pressures of registrars.

Other Benefits of our clinic

- Opportunities for training in the local hospital Emergency Department doing sports medicine specific trauma as well as emergency medicine, internal medicine and general trauma, and assist with fulfilling the Workplace Based Assessments with applied practical experience
- Wide variety of case presentations provides registrar to fulfil the workplace-based assessment
- Close to public transport and shops
- Undercover parking
- Own clinical room
- 10 minutes' drive to beaches