



## **The Dr Ken Crichton NRL Fellowship NRL ACSEP Training Position 2020 Season**

The Dr Ken Crichton Fellowship is a perennial position suitable to 2nd and 3rd year registrars of the Australian College of Sports and Exercise Physicians (ACSEP). Now in its fourth year the position recognises and commemorates the much admired Dr Ken Crichton. Dr Crichton was a founding member of the ACSEP and is remembered as a highly respected clinician, devoted teacher and mentor. He served as a NRL club doctor and was a founding member of the NRL Medical Advisory Panel (MAP).

The position is a Part Time training post targeted at an ACSEP Registrar with a strong interest in rugby league. The Registrar should display some personal attributes that reflect Dr Ken Crichton's principles and practice style.

This position will enable the Registrar to fulfil the supervised contact sport coverage component of the ACSEP training program. The Registrar will be assigned to a NRL Club under the supervision of a club doctor (Chief Club Medical Officer) who is also a fellow of the ACSEP. This will be facilitated by a degree of supervision from the NRL Chief Medical Officer (the NRL CMO will act as an additional official supervisor). The Registrar will then effectively function as the Club's Assistant Medical Officer.

The selection process will be within normal ACSEP criteria but the NRL (through the NRL CMO and Medical Advisory Panel) will also interview the candidates to make a final decision. The NRL clubs have been invited to apply for the Registrar position via an application form sent to all clubs. Not all clubs will be eligible as an essential criterion is that the Club CMO be a Fellow of the ACSEP.

### **1. QUALIFICATIONS/REQUIREMENTS**

- (a) MBBS or equivalent
- (b) AHPRA registration
- (c) Medical indemnity insurance including professional sport cover
- (d) Actively participating in the ACSEP training program (2<sup>nd</sup> or 3<sup>rd</sup> Year Registrar in 2020)
- (e) Keen interest in rugby league and future roles in rugby league
- (f) Completion of the ACSEP MOST course
- (g) Completion of the on-line ASADA Level 1, Level 2 Anti-Doping Courses and Medical Practitioner and Athlete Support Personnel Module

### **2. REGISTRATION WITH THE NRL**

The ACSEP Registrar working as an Assistant Club Medical Officer must be registered at all times with the NRL. This will be organised by the relevant Club and the NRL.

#### **NATIONAL RUGBY LEAGUE LIMITED**

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### 3. RESPONSIBILITIES AND GOVERNANCE

- (a) Report directly and be accountable to the Chief Club Medical Officer (CMO), who is to provide the Assistant club medical officer/registrar with his/her specific responsibilities;
- (b) Understand and abide by the NRL rules with particular reference to those regulations related to medical management; including concussion, game day procedures, anti-doping & supplements and illicit & hazardous drugs;
- (c) Fully document player injuries and illnesses as required by the club and maintain clinical notes according to AHPRA and legal standards;
- (d) Participate in meetings, education and training as directed by the Club CMO and NRL Chief Medical Officer;
- (e) Assist the Chief CMO at home and away NRL 1<sup>st</sup> grade games;
- (f) Abide by the same Ethical Standards and Conduct as outlined for the Chief CMO.
- (g) Abide by the Code of Ethics and Professional Behaviour of the Australasian College of Sport and Exercise Physicians

### 4. SPECIFIC ROLES AND RESPONSIBILITIES AS THE ACSEP REGISTRAR

- (a) Preseason screening of lower grades eg Reserve grade and junior representative teams.
- (b) Attend NRL home games and away games to assist the Chief Club Medical Officer, and the opposition team doctor if necessary for emergencies. At no time is the Registrar allowed to be the primary/Chief Club Medical Officer at an NRL game. There is scope to possibly have the Registrar cover Reserve grade matches depending on the selected Club's 2020 structure.
- (c) Attend other games – lower grades (as dictated by the Chief Club Medical Officer) if they don't conflict with NRL 1<sup>st</sup> grade games.
- (d) Provide 2 clinics per week for lower grades/Reserve players – location and timing to be organised with Chief Club Medical Officer. The clinics are to consist of a post game injury clinic early in the week and follow up clinic later in the week. If this is not available due to the Club's Reserve grade associations, then the Registrar should attend and assist with the NRL injury clinics.
- (e) Provide regular typed injury reports as dictated by the Chief Club Medical Officer.
- (f) Be available by phone contact for potential other reviews or medical problems as may arise through the week with players.
- (g) Formal weekly session with the Chief Club Medical Officer/ACSEP Fellow to discuss injuries and management and engage in any other teaching deemed appropriate by the Chief Club Medical Officer.
- (h) Regular sitting in sessions with the Chief Club Medical Officer/ACSEP Fellow (at least once per week).
- (i) Reporting to ACSEP supervisors; Chief Club Medical Officer and NRL CMO.
- (j) Must attend the ACSEP Registrar and College Conferences – usually February yearly (will therefore be unable to attend games/clinics at those times).

### 5. OPPORTUNITIES

- (a) Attendance at NRL medical officers' meetings. – (Combined administrative and educational)
- (b) Possible attendance at representative games and finals series as an observer with the NRL CMO or potentially an assistant for other club medical officers.
- (c) Potential involvement with Club coaches, physios, football management and sports science.
- (d) Potential involvement in medical research within the NRL

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## 6. DETAILS OF POSITION AND REMUNERATION

### (a) Period of position and hours

- February to January –NRL is funding \$35K (\$35,200) for the following:
  - Games (NRL), trials and finals
    - 24-30 games
  - Clinics – 44 weeks (including pre and post season)
  - Hours per week (minimum = funded)
    - Clinics 6
    - Sit in 2+
    - Training 2
    - Games 3
- Additional hours based on club's requirements
  - Negotiated with club (approved by NRL CMO/MAP)
  - Paid for by club (negotiated with club directly)

### (b) Total supervised Hours (NRL provided) - Level 1 and 2 supervision

- **44 weeks per year – 440 hours (clinics/training/sit in)**
- **26 game days – minimum – 78 hours; to 30 game days - maximum – 90 hours**
- **Total = 518 to 530 (11.7 to 12.1 hours per week based on ACSEP guidelines of 44 weeks per year)**

### (c) Game days

- **NRL – Level 1 supervision (takes priority)**
- Preseason trials of lower grades – Level 2 supervision
  - Negotiable with club
- Junior rep games – Level 2 supervision
  - Negotiable with club
- Reserve grade (NSW Cup/Q-Cup) – Level 2 supervision (maybe Level 1 if at same venue as NRL game)
  - Negotiable with the Club (and NRL CMO with regards to overall game coverage)

### (d) Clinics

- Post game clinic (early in week)
  - 3 hours
  - Including preseason (November to February) – screenings and injuries
  - Level 1 or 2 supervision
- Follow up clinic (end of week)
  - 3 hours
  - Including preseason (November to February) – screenings and injuries
  - Level 1 or 2 supervision
- Sit in with Chief Club Medical Officer – football related +/- normal clinics
  - Weekly
- Formal Discussion with Chief Club Medical Officer/team medical meeting – weekly
- On call for medical issues through week (phone advise)

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(e) Training

- NRL training attendance +/- Reserve grade
  - With or without Chief CMO (Level 1 or 2 supervision)
  - At least weekly – minimum 2 hours
- Sit-in with physio/sports scientists (possible 1-3 hours per week or longer in off season) – (unsupervised)

## 7. OTHER POINTS

- Possible 6 -8 week training gap in October /November and December – no issue as college year is 44 weeks
- Reduced hours if team not in finals – clinics and games – Registrar may need to be able to make up elsewhere e.g. assisting other clubs under the direction and approval of the NRL CMO for finals series.

## 8. APPLICATION

- Please apply via direct contact to the NRL CMO (Dr Paul Bloomfield) by email [pbloomfield@nrl.com.au](mailto:pbloomfield@nrl.com.au) or via Kylie Fitzgerald (National Training Coordinator) by email [K.Fitzgerald@acsep.org.au](mailto:K.Fitzgerald@acsep.org.au) at the ACSEP.
- **Applications should be submitted by the end of July 2019 and Interviews are likely to take place during August 2019.**

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