AUSTRALASIAN COLLEGE OF
SPORT AND EXERCISE PHYSICIANS

Registrar Conference

Tue 4, Feb

- Welcome - Chair of Training
- Work Based Assessments (Year 1 only)
- Lunch & Welcome from Senior Registrars
- Cervical/Thoracic Spine (2.00-3.15), Shoulder Region (3.20-4.15) (All Registrars invited)
- Afternoon Tea & Roundtable - Medicolegal Ethics (All Registrars invited)
- Lumbar Spine Examination (All Registrars invited)
- New Registrar Welcome Drinks

Wed 5, Feb

- Training Committee Meeting (ends 10:00)
- Welcome Address
- Reseach Project - Quick Overview & Consent process
- Chronic Pain - Assessment & Management in SEM (Presentation/Workshop)
- Morning Tea
- Welcome from Chair of Training
- Introduction to 2020 Tutorial Program - From Equality to Equity
- Lunch
- 1st Year Presentations
- Team & Events - Rugby Union
- Afternoon Tea
- Examination of the Knee & Management tips
- Hip/SIJ
- Registrar Annual Meeting
- Registrar Welcome Drinks

Thu 6, Feb

- Welcome
- Giving & Receiving Feedback
- Morning Tea
- Wrist & Hand Examination & Management tips
- Lunch
- 2nd Year Presentations
- Afternoon Tea
- Ankle & Foot Examination
- Managing difficult decisions in the media spotlight
- Pitsis Trophy - 20th Anniversary Cricket Match (Junior vs Senior Regs)

Scientific Conference

Fri 7, Feb

Stream 1

- ACSEP 5km Fun Run - Bridge to Bridge
- Conference Registration
- Welcome to Country
- Opening of ACSEP Scientific Conference
- Session 1 - Vince Higgins Lecture
  Prescribing Physical Activity as Medicine - The Canadian Experience and Global perspectives
- Morning Tea
- Session 2 - Exercise as Medicine
- ACSEP 2020 Conference Program Snapshot
- Lunch
- Session 3 - ACL Session - is the cruciate crucial?
- Session 4 - Female Athlete Symposium
- Session 5 - Antidoping Update
- Session 6 - CPD Update
- Session 7 - ACSEP Annual General Meeting
- Welcome Function - The Politics of Sport

Sat 8, Feb

Stream 1

- Training Practices - Meet and Greet
- Session 8 - Paediatric SEM (Keynote)
  Youth Early Sports Specialization: A Summary of the 2019 AMSSM Research Summit
- Session 9 - Paediatric SEM
- Morning Tea
- Session 10 - Streams "toolbox workshops" for SEMP
  - Para-athlete Workshop
  - Low carb performance nutrition
  - Later Career Fellows Workshop
- Session 11 - Streams "toolbox workshops" for SEMP
  - The Acceptance and Commitment Therapy (ACT) matrix
  - Female Athlete Workshop
  - Media skills for SEMP
- Lunch
- Physical Activity Afternoon
  Please see website for further detail
- Women in SEM Pre Dinner Drinks
- ACSEP Black Tie Gala Dinner - National Museum

Sun 9, Feb

Stream 1

- Session 12 - Streams & Abstracts
  - MSK
  - Medical
  - Radiology, Technology & The Environment
- Session 13 - Competency-based Curriculum for Fellows and Registrars
- Session 13a - Surgical Shoulders
- Morning Tea
- Session 14 - Concussion Update
- CLOSE OF ACSEP Annual Conference
- Lunch
- Beginner MSK USS Workshop

ACSEP Courses

Mon 10, Feb

- MOST Course
- MSK Course

Tue 11, Feb

- MOST Course
- MSK Course