



ACSEP STRATEGIC PLAN

2022-2025

Hautūtanga Mahi Tahī

Collaborative Leadership



AUSTRALASIAN COLLEGE OF SPORT AND EXERCISE PHYSICIANS

The Australasian College of Sport and Exercise Physicians (ACSEP) is the peak professional body representing Sport and Exercise Physicians, and Sport and Exercise Medicine in Australia and Aotearoa New Zealand. The ACSEP is dedicated to providing a robust training experience for its Registrars whilst advancing the skills of its members through evidence-based practice.

ACSEP Values:

Innovation
Leadership
Collaboration
Respect

ACSEP acknowledges the traditional custodians of the land on which the National Office is located, the Wurundjeri people of the Kulin Nation. Our College acknowledges past, present and emerging leaders as well as their connection to land, sea and sky. ACSEP also acknowledges tangata whenua of Aotearoa and we affirm our commitment to reflect the Treaty of Waitangi in our work and practice.

Innovation

Vision

Our vision is of a future in which Sport and Exercise Medicine is fully recognised for its contribution to community and individual health and wellbeing.

The ACSEP:

- 1** Will continue to uphold and advance world leading training and practice in the specialty of Sport and Exercise Medicine.
- 2** Is perfectly positioned to lead and promote the incorporation of exercise and physical activity into the daily lives of all members of the community, whether healthy or unwell.
- 3** Will continue to work closely with our peak sporting bodies and teams, medical and allied health colleagues, as well as the greater community to keep us all active and healthy.

The ACSEP 2022-2025 Strategic Plan, Collaborative Leadership, outlines the key priorities for the next 3 years and the strategies and initiatives the ACSEP will implement to deliver on the commitment to provide leadership and innovation in the practice of medicine as it applies to all forms of physical activity. This commitment will be underpinned by a focus on collaboration and respect in all our activities.

Leadership

The ACSEP 2022-2025 Strategic Plan recognises specific focus is needed to progress optimal health outcomes for First Nations Peoples, and that there are specific actions the ACSEP, and its members can take to eliminate institutional racism and bias within the health sector. This includes addressing the cultural safety of the ACSEP itself. The ACSEP and its members will have greatest influence and potential for transformative action by examining the cultural safety of their own environments, and actions that can be taken to redress structural barriers to health equity.



Collaboration



In Aotearoa New Zealand, the health and wellbeing of whānau, hapū and iwi Māori is guaranteed by Te Tiriti o Waitangi.

The ACSEP is committed to the principles, articles and ritenga encompassed in Te Tiriti and The Pae Ora (Healthy Futures) Act which incorporates the five principles to act as pou (posts or pillars, symbolic of support, point of orientation, markers) that can guide ideas and actions to greater fulfillment of the aspiration and promise of Te Tiriti.

The ACSEP will advocate with governments and regulators on key strategic issues that impact our members, their patients and our communities with a strong focus on First Nations people. The ACSEP is committed to The Close the Gap Campaign which aims to close the health and life expectancy gap between Australia's First Nations peoples and non-indigenous Australians. The ACSEP embraces the Uluru statement of the Heart and is privileged to acknowledge the Australian First Nations peoples as being the oldest, continuous living culture in the world.

Respect

Mission

Our mission is to identify, set and maintain a standard of excellence in the practice of sport and exercise medicine which will drive best practise with regard to training, standards and research in the speciality.

Key Strategic Priorities

Member Experience and Engagement:

Deliver highly valued services to our Fellows and Trainees that further encourages their active involvement in College initiatives and activities.

Education and Training Excellence:

Advance the quality practice of Sport and Exercise Medicine through innovation, evidence-based education, training and accreditation.

Advocacy and Awareness:

Promote Sport and Exercise Medicine as a specialist practice, body of knowledge and career

Stakeholders, Partnerships and Alliances:

Develop, sustain and enhance our stakeholder, partnership and alliance relationships.

Organisational Resilience:

Ensure effective governance, resourcing and investment in our people and processes.



STRATEGY 1

Deliver highly valued services to our Fellows and Trainees

INITIATIVES:

- Increase and diversify active involvement from Fellows and Trainees in committees and working groups, as well as general College activities.
- Maintain focus on member value and service that is aligned to their needs and career/life stage.
- Enhance communications vehicles and opportunities.
- Effective recognition of member contributions and value.
- Continue to develop our initiatives in support of women and First Nations Peoples.

STRATEGY 2

Advance the quality practice of Sport and Exercise Medicine through innovation, evidence-based education, training and accreditation.

INITIATIVES:

- SEM Academy
- Support for Registrars and Supervisors.
- Undertake or support innovation and research in the field of Sports and Exercise Medicine.

STRATEGY 3

Promote Sport and Exercise Medicine as a specialist practice, body of knowledge and career.

INITIATIVES:

- Advocate to Australian and NZ Governments on matters of concern to the Members and the profession (e.g. structural constraints, funding, access and equity, vulnerable communities).
- Grow and enhance awareness of the College, the profession, and the benefits of sport and exercise.
- Participate in relevant and aligned national and international initiatives and activities.

STRATEGY 4

Develop, sustain and enhance our stakeholder, partnership and alliance relationships.

INITIATIVES:

- Implement an innovative and proactive stakeholder engagement strategy to extend our brand awareness and influence.
- Enter into strategic and commercial partnerships that deliver mutual benefits.
- Collaborate with aligned and like-minded organisations on areas of shared interest.
- Development of leadership responses to the climate emergency and its impact on the profession, patients and the wider community.

STRATEGY 5

Ensure effective governance, resourcing, and investment in our staff and processes.

INITIATIVES:

- Ensure a supportive and culturally safe workplace that has an emphasis on collaboration, staff development and wellbeing.
- Identify additional and alternative sources of revenue that are aligned to our strategy and support growth.

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Innovation Leadership Collaboration Respect



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