



Manage patients presenting with acute musculoskeletal injuries

DESCRIPTION

The Registrar can integrate findings from the assessment to formulate a management plan for patients presenting with acute musculoskeletal injuries.

The Registrar can perform this activity independently and demonstrates the following competencies:

- Develop and implement patient centred management plans to address patient problems, integrating information from the history, physical examination and investigations.
- Establish goals of care with patients, which may include improving performance or function, treating symptoms and underlying conditions, or preventing injury.
- Provide explanations about the implications of the patients' diagnosis, treatment options, and complications that are clear and adapted to the patients' level of understanding and need.
- Prescribe appropriate analgesics and anti-inflammatories to alleviate pain and inflammation.
- Ensure appropriate informed consent is obtained and documented for therapies and/or procedures.
- Appropriately document procedures performed and their outcomes.
- Prescribe and apply splints, protective equipment, therapeutic and preventative braces, where relevant, advise the patient or athlete on their use and modify fit accordingly.
- Utilise various sling and taping techniques for a variety of musculoskeletal problems.
- Refer patients for appropriate physiotherapy and other therapies based on their diagnoses.
- Establish and maintain healthy inter- and intra-professional working relationships to provide collaborative care for patients, athletes, sporting groups or teams.
- Recognise when surgery is a potential treatment option, counsel patients on the pros and cons of surgical management and refer patients for a surgical opinion when indicated.
- Assess an injured athlete during play/competition/event and evaluate their injury to determine if they can continue to play/resume playing or need to be substituted for further investigation and management.
- Re-evaluate patients and athletes to determine their readiness for return to activity/sport or if therapeutic exercise programs should be continued.
- Apply knowledge of a patient's cultural and religious background, values/attitudes and beliefs when developing a management plan for a patient.



MMA

- CbD**

- Injury resulting from faulty/inappropriate technique, biomechanics or equipment, or training error.
- Minimum of 1 trauma-related discussion, e.g. suspected spinal trauma.

Must include different body areas and a maximum of 50% completed by any one assessor.

Registrar name:

Has the Registrar requested completion of this EPA previously?

If yes, please check prior EPA Completion form/s to review feedback provided and previous WBA completed.

Registrar must log relevant WBA forms and provide them when presenting for sign off.

[illegible]



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- ☐ The Registrar's logbook indicates sufficient exposure to relevant cases to develop competence.

Recommendation (select one)

Evidence from workplace-based assessments indicates that the Registrar is competent to manage patients presenting with acute musculoskeletal injuries.	
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The Registrar needs to continue learning and completing workplace-based assessment and re-present for assessment of completion of this EPA (provide comment below).	
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The Registrar should complete the following before re-presenting for EPA sign off:

Clinical Training Supervisor:	Signature:
Date:	
Zone Training Coordinator:	Signature:
Date:	