



Assess patients presenting with common musculoskeletal injuries and trauma

## DESCRIPTION

The Registrar can obtain a comprehensive history, conduct a physical examination, and select necessary investigations for patients presenting with common musculoskeletal injuries and determine a diagnosis.

The Registrar can perform this activity independently and demonstrates the following competencies:

- Identify and prioritise issues to be addressed in a patient encounter, including the patient's context (e.g. cultural background, involvement in physical activity/sport, past medical history, psychosocial background) and preferences.
- Apply knowledge of the pathophysiology of injuries.
- Evaluate the mechanism of injury, and/or extrinsic and intrinsic contributing factors to the injury.
- Elicit a concise, relevant and accurate history and perform a focused examination.
- Use patient-centred interviewing skills to gather information and listen effectively.
- Where appropriate, utilise patient reported outcomes measures (PROMS) questionnaires as part of clinical assessment, follow up care and audit of outcomes.
- Assess upper limb, lower limb, pelvis and spine joint range of motion, muscular flexibility and function.
- Evaluate biomechanics in individual patients (e.g. including gait assessment, elbow, knee and foot alignment and faulty sporting technique/footwear/equipment).
- Order appropriate investigations (including special radiological views) that can be used to refine a diagnosis responsibly, being mindful of the effective use of healthcare resources and 'Choosing Wisely' guidelines to minimise harm.
- Recognise conditions/presentations that may masquerade as sporting injuries (e.g. tumours, non-accidental injuries, rheumatological conditions)
- For traumatic injuries:
  - Recognise suspected fractures and dislocations/instability events,
  - Assess neurovascular status.
- Recognise conditions that are life threatening, require urgent care or conditions that are likely to deteriorate.
- Communicate accurately, clearly, promptly and comprehensively with relevant colleagues by means appropriate to the urgency of the situation (telephone, letter), especially where responsibility of patients' care is transferred.
- Maintain clear, accurate and appropriate written or electronic records of clinical consultations, encounters and plans.
- Liaise and collaborate with allied health professionals.
- Be aware of one's own religious and cultural beliefs, their inherent biases and the influence they have on interaction with others.
- Access and use resources available to support cross-cultural practice.



## Mini CEX

- TOTAL MINIMUM - 6**

## EPA COMPLETION

Registrar name:

Has the Registrar requested completion of this EPA previously?

If yes, please check prior EPA Completion form/s to review feedback provided and previous WBA completed.

Registrar must log relevant WBA forms and provide them when presenting for sign off.

[illegible]



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- ☐ The Registrar's logbook indicates sufficient exposure to relevant cases to develop competence.

**Recommendation (select one)**

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| Evidence from workplace-based assessments indicates that <b>the Registrar is competent</b> to assess patients presenting with musculoskeletal injuries and trauma. |  |
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| The Registrar needs to continue learning and completing workplace-based assessment and re-present for assessment of completion of this EPA (provide comment below). |  |
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*The Registrar should complete the following before re-presenting for EPA sign off:*

|                                      |                   |
|--------------------------------------|-------------------|
| <b>Clinical Training Supervisor:</b> | <b>Signature:</b> |
| <b>Date:</b>                         |                   |
| <b>Zone Training Coordinator:</b>    | <b>Signature:</b> |
| <b>Date:</b>                         |                   |